

## Girls and Divorce

Fritsch, Brandi. (2002). How I dealt with divorce. *New Moon: The Magazine for Girls and their Dreams, IX*(3), 20-21.

In this January/February issue article, the writer shares her feelings when she was six years old and her parents were divorcing. As a member of the children's panel for the organization Children of Separation and Divorce, this strong, smart, and bold<sup>SM</sup> girl speaks to adult groups every other month to help them understand how the actions of divorcing parents impact the lives of young children.

Holyoke, Nancy. (1999). *Help! A girl's guide to divorce and stepfamilies*. Middleton, WI: The Pleasant Company. ISBN 1-56247-749-8. \$8.95.

The third book in the *Help!* Series of the AmericanGirl Library®. The author answers questions from girls' letters. Topics include: dealing with new little siblings getting into your stuff after your parent remarries, Mom is dating the neighbor and I can't stand him, what happens when I've forgotten to tell Mom/Dad that I have a soccer tournament and I'm supposed to spend the weekend at his/her house. Practical advice for girls who can read at least third grade level.

Krementz, Jill. (1999). *How it feels when parents divorce*. New York: Alfred Knopf. ISBN 0-394-75855-2. \$15.00.

A well-known photographer has gathered a collection of essays, accompanied by her outstanding photographs, written by real young people, ages seven to nineteen (boys and girls) to talk about their experience with divorcing parents. The book was originally published in 1984, but the voices of the children are timeless. A word of caution: the faces are not culturally diverse.

Krohn, Katherine E. (2001). *You and your parent's divorce*. New York: Rosen. ISBN 0-8239-3354-7. \$17.95.

This informative guide, a part of the Family Matters Series from this publisher, is suitable for middle school students and teens. Large print and a lot of white space make this an easy to read resource for help with the difficult issues confronting young people when their parents divorce. Many quotes from teens tell about the feelings they had when they found out that a split was coming in their families and how they dealt with those feelings. Additional resources are recommended, including helpful web sites with online chat rooms, a list of help line phone numbers and further books to read.

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## Girls and Divorce (2)

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Swan-Jackson, Alys (1997). *When your parents split up...How to keep yourself together*. New York: Price Stern Sloan. ISBN 0-8431-7451-X. \$4.99.

Addressed to teens, this small paperback contains many quotes from teens who are experiencing the stress of struggling with the fallout from parents who are divorcing. Along with the quotes is a paragraph of advice to the reader from the author, plus comments from real teens who have learned from experience. Not an in-depth treatment of the subject, but helpful tips that let teens know that they are not alone.

Walbridge, Jean. (2002). Separation frustration. *New Moon: The Magazine for Girls and their Dreams*, IX(3), 22.

As a licensed clinical social worker, the author answers parents' and kids' questions at her web site: [www.parentingadolescents.com](http://www.parentingadolescents.com). Although only one page long, this article contains several pieces of good advice to answer questions on the minds of many girls.

Winchester, Kent & Beyer, Roberta. (2001). *What in the world do you do when your parent divorce? A survival guide for kids*. Minneapolis, MN: Free Spirit. ISBN 1-57542-092-9. \$9.95.

Written by a trial lawyer, who is a divorced father of two and a family law attorney, who is a mediator, this small handbook provides answers to such important questions as: Is the divorce my fault? Who will take care of me? Will my parents ever get back together? This book is part of the publisher's kit called the *Juggling Act* about several aspects of divorce. Also included is companion book for parents, a calendar and stickers for children to use to keep track of which days they will be at which parent, plus a scheduling pad for parents to use to monitor the children's activities (lessons, school events, etc.).

Worthen, Tom, Ed. (2001). *broken hearts...healing: young poets speak out on divorce*. Logan, UT: Poet Tree Press. ISBN 1-58876-151-7. \$14.95.

The poems in this compilation are selected from the entries submitted to the Creative Commission's "A Celebration of Young Poets" competition. In order to be considered the poets must be in the fourth to twelfth grades and the poem must not exceed twelve lines. Any topic may be chosen for the subject of the poem, but the topic of divorce is the focus here. The illustrations were done by a third-grader. The intense feelings of abandonment from these insightful compositions are very touching.

