

Economic Literacy Resources for Adults

Broussard, C.D. (1996). *The Black woman's guide to financial independence: Smart ways to take charge of your money, build wealth, and achieve financial security*. \$15.95 ISBN 0140252835

Regardless of education, age, level of knowledge or racial and ethnic background, women should find this book a valuable aid. In very clear terms, the author, a former stockbroker, deals with all facets of financial management, from checkbook balancing to stocks and bonds investing. She points out the significance of money habits and attitudes, having dreams and defining goals, and teaching children about money. Chapters on divorce and single-parenthood.

Gadeberg, J. (1995). *Raising strong daughters*. Minneapolis, MN: Fairview \$12.95 ISBN 0-925190-98-5 251p.

Two of the chapters in this book speak to economic literacy: Developing Financial Independence and Planning for Success. Having a checking account, the importance of savings, the joys of compounding are discussed along with others, including raising questions about money for your daughter to think about for the future. Attitudes about money are examined.

Godfrey, J. (1995). *No more frogs to kiss: 99 ways to give economic power to girls*. New York: HarperCollins. \$12.00 ISBN 0-88730-659-4. 215p.

Practical suggestions, by way of suggested activities, fill this handbook written by the founder of *An Income of Her Own*. Introduction by Gloria Steinem. There are stories about women entrepreneurs and snapshot numbers aimed at giving you a quick look at the economic realities currently facing girls and women.

Perry, J.A. (1997). *A girl needs cash: Banish the white knight myth and take charge of your financial life*. New York: Random House. \$23.00 ISBN 0812928407 256p.

An expert financial advisor addresses the psychology of women where money is concerned, teaches them how to take control of their finances and invest successfully. An uncomplicated approach for women of all ages.

Morris, V.B. & K.M. (1997). *A woman's guide to investing: A straight talking guide with the information and the inspiration you need to get started*. New York: Lightbulb Press. \$14.95 ISBN 0-9650932-0-4 159p.

Essential investment information for women of all ages - not just how and when to invest and whom to trust, but the difference investing makes. Includes discussions of setting financial goals, making smart investment decisions, choosing a financial advisor, planning for the future and coping with the unexpected. Colorful format divides a big topic into digestible bites.

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Peterson, A.Z. (1997). *Every woman's guide to financial security*. 2nd edition. \$16.99 ISBN 1-56414-279-5 352p.

The audience for this book is listed as the following: singles wanting to ensure their future security, wives desiring to be more knowledgeable about money, divorced women seeking to regain control of their finances, widows trying to pull their lives together, single mothers struggling to provide for their children, and women in crisis needing strength and guidance. That adds up to just about all of us.

Stanny, B. (1997). *Prince Charming isn't coming: How women get smart about money*. \$12.95 ISBN 0 14 02.6693 3 217p.

The daughter of one of the founders of H&R Block, Barbara Stanny grew up depending on her father, and later her husband, to manage her money—until a devastating crisis served as a dramatic wake-up call. On her journey to economic enlightenment, she discovered that financially successful women share certain common-sense ideas. The author offers her hard-earned knowledge to help other women.

Stephens, B.M. (1996). *Talking dollars, Making sense: A wealth-building guide for African-Americans*. New York: McGraw-Hill. \$14.95 ISBN 0070613893 pages

Although this book is not written specifically for girls, it provides concrete financial advice to teach children how to earn, save, and spend money wisely while communicating the values of a family. Examines attitudes and beliefs of African-Americans in regard to such topics as: how middle-class African-Americans are made to feel as if they've abandoned their roots, why African-Americans are more likely to overspend on luxuries and abandon savings and how history shapes their lives.

Tyson, E. (1996). *Personal finance for dummies*. 2nd Ed. I D G Books Worldwide \$19.99 ISBN 0764550136 384p

An understandable guide to personal finance prescribes ways to get control of your money by using worksheets to help you measure your financial health. Topics include how much debt you are carrying, how many dollars are being set aside for savings, how to invest and have adequate insurance. Also includes an overview on how to buy real estate.

Women Work! (1996). *Superstores, schools & sewers: A curriculum for understanding how your local economy works*. Washington, DC: Author. Available from: Women Work! The National Network for Women's Employment, 1625 K Street, NW, Suite 300, Washington, DC 20006 Phone (202) 467-6346 Fax (202) 467-5366 \$185.95 plus s&h

Step-by-step exercises to enable participants to understand the economy and the economic decision-making in the context of their families' experiences. A three-ring-binder format contains a curriculum with handouts to use with adult women. There are seven sessions requiring 10.5 hours to complete in order to become more familiar with economic development in your own communities. Preparation notes are extensive. Advice on how to obtain local experts is included.